

# Peace

## Getting to Know You:

- What do you look forward to most about Christmas? What do you least look forward to?

## Going Deeper:

- Read Eph.2:12-22. Describe what it's like to be separated from God from these verses.
  - o What did Jesus do to the law? What does it mean for Jesus to abolish the law?
  - o Talk about what happened to competing nations through Jesus. How should we view the Jewish people because of these verses?
- Read John 14:27, John 16:33—What type of peace does Jesus give? How does it differ from the world around us?
- What does it mean for us to be peacemakers? Read Matt.5:9, James 3:18, Eph.4:3, Rom.14:19.
  - o What's the result for those who make peace?
  - o List the ways we can be at peace with our enemies according to Rom.12:14-21.
  - o What does it mean to live peaceably with all as far as it depends on you?
- What are some of the reasons people struggle with anxiety? Why is just pray about it not sufficient as a solution all the time?
  - o What are some of the substitutes for peace our world offers—John 16:33
  - o How might we learn to let go of our anxiety according to Phil.4:6-7
  - o How might we change our thinking? Vs.8
  - o What does obeying God's word do to our minds and hearts according to vs.9?

## Living it out:

- Spend time this week memorizing Phil.4:6-9 and use it as

your defence when anxiety and worry and fear come into your life.