

# Here To Serve Part 3

## Getting to Know You:

- What do you do to keep in shape physically and spiritually?

## Going Deeper:

- Read Psalm 68...make note of the connections this psalm has to Jesus in his death and crucifixion.
- Read Eph. 4:8-10, Rom. 10:6-7, 1 Peter. 3:18-20...this could be referring to 1) the incarnation, 2) Jesus' descent into Hades or 3) Jesus descent into the grave...which option do you believe fits best and why?
- Why is Paul so interested in these verses in maturity and why is maturing in our faith so crucial?
- Discuss the statement in Eph. 4:13 that all is the goal for maturity, not some. How might we develop more maturity here at FBC?
- Reflect on Eph. 4:15. Why is taming our tongue a sign of spiritual maturity? Discuss what type of speech then would entail spiritual maturity?
- What are some ways you've implemented in your life to prevent you from "being tossed to and fro by the waves..."? How might we avoid giving into false teaching?

## Taking it Home:

- Ask someone you trust this week how you might grow into maturity...ask them to identify area (s) of weakness that you may turn into a strength.